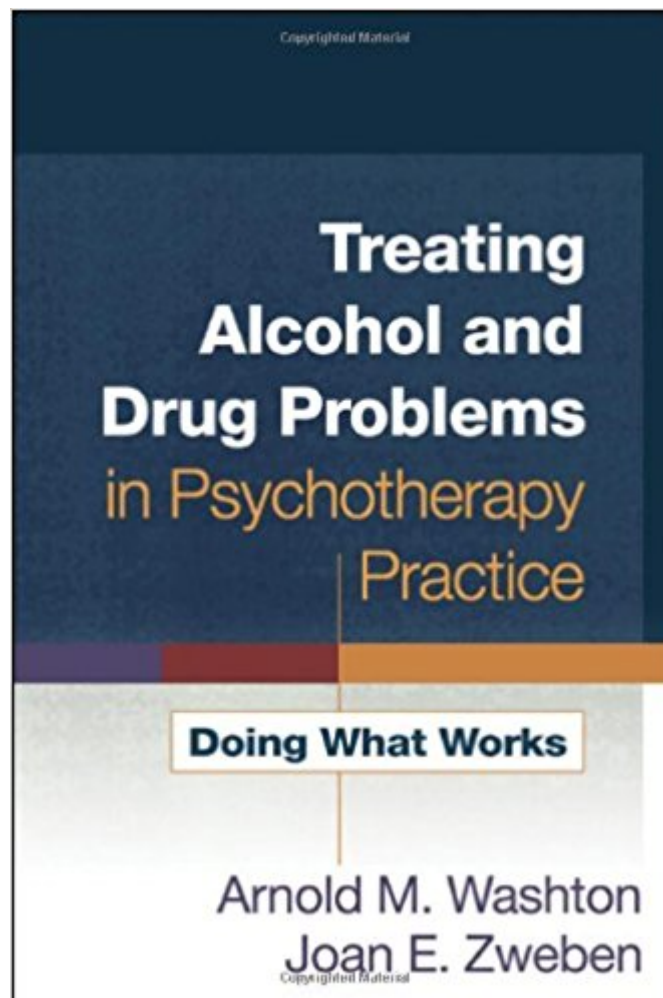




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Treating Alcohol And Drug Problems In Psychotherapy Practice: Doing What Works



Synopsis

Written specifically for the office-based psychotherapist, this practical guide describes how to detect, assess, diagnose, and treat clients presenting with a range of alcohol and drug problems. Detailed is an integrated, flexible psychotherapeutic approach that emphasizes building a strong therapeutic relationship, engaging clients "where they are," and addressing substance use within the larger context of their lives. The authors describe in very pragmatic terms how to use a combination of motivational, cognitive-behavioral, 12-step, and psychodynamic techniques with clients in different stages of change. Techniques are brought to life with numerous case vignettes, and appendices include reproducible client forms and handouts. Â

Book Information

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Customer Reviews

Had to buy this book for a class, but it has been one of the best books I have purchased for my mental health degree! Really good methodology and techniques for working with substance abuse. If you need it for a class - buy don't rent

As a therapist without a lot of coursework in addiction, I found this book extremely helpful in making balanced suggestions for treatment. The authors are non-dogmatic and embrace harm reduction as well as abstinence approaches, and they offer an overall guide for treatment from initial assessment through termination. Very clearly written, with good information. I learned a lot from this book, and I have recommended it to many of my colleagues.

Very helpful and detailed information about addiction and treatment for substance abuse. As a clinician I'll be referring back to this book again in the future. Provides lots of information about all kinds of drugs, interactions between drugs and key information clinicians need when working with clients with substance use disorders.

Sometimes is hard to understand the basic terms and concepts of the world of substance abuse as it is a multidisciplinary area where vocabulary from many different areas of knowledge converge. This book will help you to understand the dynamics of this area and enable professionals go on further on their learning experience.

This is probably one of the most valuable textbooks ever assigned to me by a professor. Clear explanations are provided for all kinds of substances, behaviors, and circumstances, and the examples in these sections are very helpful. I plan to keep this book handy as I begin my private practice, as I'm sure I will return to it often.

I gained much more than expected from this research based collegial review of the authors' positive integrated model of substance abuse treatment . . . The bonus was I thoroughly enjoyed the read!

Whether you are a new clinician or a "seasoned" therapist...A MUST read! Very informative and written in a way that lay-people can understand it as well.

This book was required reading for my counseling class in addictions. This is so greatly organized and a great resource to have as a student and counselor.

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